

*'When a man goes out into the night sky
and looks up at the universe and does not feel
a sense of awe at this unfolding mystery
and a sense of intelligence
greater than his own
He is already dead
but they have not buried him yet'.
Albert Einstein*

'The Journey Continues' workshop offers men an opportunity to look deeper into their lives and make healthy choices about their future.

It invites you to continue and deepen the journey from your head to your heart.

It will be an experiential weekend to the max. with opportunities for individual work and group work.

It will be a Journey toward wholeness and oneness... bringing you personal empowerment, clarity and the ability to listen to the wisdom that has always been in your heart... waiting to be heard... when you allow the distance between heart and head to dissolve.

*'Closing down in the midst of pain
is a denial of a man's true nature.
A superior man is free in feeling and action, even
amidst great pain and hurt.
If necessary, a man should live with a hurting
heart rather than a closed one'.
David Deida*

Facilitated by
Diane and Robert Mathews

Registration:

Dates 9th to 11th November 2012
Time 6pm Friday to 6pm Sunday
Investment \$750 GST Inclusive
(Payment plan available)
Where Healesville, Victoria

**THIS IS A RESIDENTIAL WEEKEND - ALL FOOD,
ACCOMODATION AND COURSE MATERIALS
INCLUDED**

NAME:	
ADDRESS:	
	POSTCODE:
TEL (H):	TEL (B):
eMAIL:	

VISA M/CARD CHEQUE CASH

EXPIRY: /	CVV #:
SIGNATURE:	

SEND THIS FORM AND CHEQUES PAYABLE TO:

HEART OF THE MATTER TRAINING & DEVELOPMENT, 5 CLAIRE COURT ELTHAM NORTH VIC 3095 TELEPHONE 03 9509 8101 FAX 03 9509 8112
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heartofthemattertraining.com



'The Journey Continues'...



**CONTINUE THE JOURNEY
FROM YOUR HEAD
TO YOUR HEART!!**

**FOR THE MOST IMPORTANT
PERSON IN YOUR LIFE -**

YOU!!

'Man's Inner Journey' Graduates Only

THIS WEEKEND YOU WILL...

<u>Find...</u>	<u>Gain...</u>	<u>Be Invited To...</u>	<u>Expect To...</u>	<u>Be...</u>	<u>Release...</u>
New Purpose	True Authenticity		Be Challenged	Encouraged	Fear
Courage to Change	Access Core Self	Participate Fully	Be Heard	Affirmed	Powerlessness
The Heart of Man	Inner Wisdom	Play	Find your Voice	Supported	Aloneness
Your Spirit	Effectiveness	Learn & Grow	Be Accepted	Fulfilled	Pretence
Sacredness of You	Ability to Feel	Release the Past	Be Healed	Initiated	Abandonment
Relief	Inner Strength	Challenge You	Feel Deeply	Expanded	Disappointment
Release	Integrity	Stretch Yourself	Know innately	Nurtured	Pain / Hurt
Joy	Safety	Claim Your Life	Honour Yourself	Urged	Heartache
Inner Happiness	Stillness of Spirit	Love more Deeply	Have Fun	Assisted	Worry
Nurturing	More Life Energy	Lead	Be Real	Empowered	Weakness
Passion	Quietness of Mind	Follow	Work on issues	Respected	Lack of safety
Responsibility	Increased Self Esteem	Free Yourself	Access your Inner Wisdom	Reconciled	Anger
Trust of Other Men	The Freedom to be Yourself	Move beyond Limits	Discover Your True Worth	Renewed	Grief
Compassion for Self	Closer Friendships With men	Support Yourself And Others	Laugh	Invigorated	Anxiety
Commitment to Self	Life Skills	Open... Up...Out...Into...	Heal	Touched	Depression
				Acknowledged	Sadness