

*'When a man goes out into the night sky
and looks up at the universe and does not feel
a sense of awe at this unfolding mystery
and a sense of intelligence
greater than his own
He is already dead
but they have not buried him yet'.
Albert Einstein*

'The Journey Continues' workshop offers men an opportunity to look deeper into their lives and make healthy choices about their future.

It invites you to continue and deepen the journey from your head to your heart.

It will be an experiential weekend to the max. with opportunities for individual work and group work.

It will be a Journey toward wholeness and oneness... bringing you personal empowerment, clarity and the ability to listen to the wisdom that has always been in your heart... waiting to be heard... when you allow the distance between heart and head to dissolve.

*'Closing down in the midst of pain
is a denial of a man's true nature.
A superior man is free in feeling and action, even
amidst great pain and hurt.
If necessary, a man should live with a hurting
heart rather than a closed one'.
David Deida*

Facilitated by
Diane and Robert Mathews

Registration 2010:

Register online @
www.mansinnerjourney.com

Dates November 5-7, 2010
Time 6pm Friday to 6pm Sunday
Investment \$750 GST Inclusive
Where Healesville, Victoria

This is a Residential Weekend

NAME:	
ADDRESS:	
	POSTCODE:
TEL (H):	TEL (B):
eMAIL:	

VISA M/CARD CHEQUE CASH

EXPIRY: /	CVV (on back of card)#.....
SIGNATURE:	

SEND THIS FORM AND CHEQUES PAYABLE TO:

HEART OF THE MATTER TRAINING & DEVELOPMENT P/L 34 STANHOPE STREET ARMADALE 3143 TELEPHONE 03 9509 8101 FAX 03 9509 8112



'The Journey Continues'...



CONTINUE THE JOURNEY
FROM YOUR HEAD
TO YOUR HEART!!

FOR THE MOST IMPORTANT
PERSON IN YOUR LIFE -

YOU!!

For 'Man's Inner Journey' Graduates'

THIS WEEKEND YOU WILL...

<u>Find...</u>	<u>Gain...</u>	<u>Be Invited To...</u>	<u>Expect To...</u>	<u>Be...</u>	<u>Release...</u>
New Purpose	True Authenticity	Participate Fully	Be Challenged	Encouraged	Fear
Courage to Change	Access Core Self	Play	Be Heard	Affirmed	Powerlessness
The Heart of Man	Inner Wisdom	Learn & Grow	Find your Voice	Supported	Aloneness
Your Spirit	Effectiveness	Release the Past	Be Accepted	Fulfilled	Pretence
Sacredness of You	Ability to Feel	Challenge You	Be Healed	Initiated	Abandonment
Relief	Inner Strength	Stretch Yourself	Feel Deeply	Expanded	Disappointment
Release	Integrity	Claim Your Life	Know innately	Nurtured	Pain / Hurt
Joy	Safety	Love more Deeply	Honour Yourself	Urged	Heartache
Inner Happiness	Stillness of Spirit	Lead	Have Fun	Assisted	Worry
Nurturing	More Life Energy	Follow	Be Real	Empowered	Weakness
Passion	Quietness of Mind	Free Yourself	Work on issues	Respected	Lack of safety
Responsibility	Increased Self Esteem	Move beyond Limits	Access your Inner Wisdom	Reconciled	Anger
Trust of Other Men	The Freedom to be Yourself	Support Yourself And Others	Discover Your True Worth	Renewed	Grief
Compassion for Self	Closer Friendships With men	Open... Up...Out...Into...	Laugh	Invigorated	Anxiety
Commitment to Self	Life Skills		Heal	Touched	Depression
				Acknowledged	Sadness