

## Facilitators

### Robert Mathews and Diane McCann Mathews

**Robert Mathews** for many years was a project manager implementing major infrastructure developments in the U.K and Middle East. He subsequently operated his own very successful construction business. Robert began investigating alternatives in the early 1980's and trained in many disciplines obtaining certificates in: N.L.P., D.I.S.C., Personal Profiles, 7 Habits of Highly Effective People, Touch for Health, Rebirthing and others.

**Diane McCann Mathews** has trained extensively in the U.S.A. and England, and has been involved in the healing arts, personal development and business technology for over 40 years. She is qualified in many alternative therapies and had a private practice for 20 years. She was the co-founder and South Australia Director of the Australian Institute of Rebirthing from 1985-1992. Her program 'The Goddess Within' has been held internationally for almost 25 years.

Together Robert and Diane ran a successful company specialising in business training and personal development programs such as Money and You, Creating Wealth, Powerful Presentations, Learning to Learn and Beyond Training. For over a decade, they have been travelling the world teaching Tantra in addition to offering Man's Inner Journey for over 10 years.

*Robert and Diane have created a business that resonates with their values of integrity and adding value to the world. Their vision is the empowerment of the individual to give them better choices. Between them they create a safe, supportive, loving environment where people can tap into their own core and heal. They teach with profound insight, gentleness, humour and love, combining both the practical and the metaphysical.*

## Man's Inner Journey – 2012

|   |                     |           |
|---|---------------------|-----------|
| Melbourne:  | May 26/27           | Oct 27/28 |
| Investment:   | \$495 GST Inclusive |           |
| <b>\$450 if registered one month early!</b>                       |                     |           |
| <b>register and pay online @<br/>heartofthemattertraining.com</b> |                     |           |

OR SEND THIS FORM & A CHEQUE PAYABLE TO:

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| <b>Heart of the Matter Training &amp;<br/>Development</b> |        |
| <b>34 Stanhope Street Armadale 3143</b>                   |        |
| <b>Phone 03 9509 8101</b>                                 |        |
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## Man's Inner Journey

As men we seem to have lost the connection with ourselves - with what we really want. We have been taught to be strong and invulnerable and yet inside every one of us lies a passionate, powerful, feeling and intuitive man.

The Man's Inner Journey seminar is a time to focus on yourself, gain inner peace and give new power and wholeness to your life and to all your relationships.

It is about rediscovering your strengths, your self worth and the truth of who you are. Man's Inner Journey is for any man of any age, any career who is seeking to understand more of himself.

During the seminar you will explore:

- Relationships with women, children, your father and your work associates
- Energy you never knew you had
- Your strengths and weaknesses
- Your personal power and courage
- How to look with new eyes at your sexuality
- How your birth actually affects your personality
- How behaviour patterns of the past have set up your future and how to change them
- How to honour, heal and forgive your past, empower your present and celebrate your future.



## Man's Inner Journey

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**IN THE PAST MEN HAD AN IDENTITY THAT BOTH MEN AND WOMEN ACKNOWLEDGED AND VALUED. NOW THAT IS DISAPPEARING. THE MALE POSITION IN SOCIETY HAS BECOME MORE AND MORE DIFFICULT TO IDENTIFY. THE RULES HAVE CHANGED AND MEN ARE UNDERGOING THE CONSEQUENCES OF A MAJOR SOCIAL UPHEAVAL.**

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### Ask Yourself:

- Was your father an excellent role model? A father who gave you unconditional love and respect simply for being you?
  - Most men right up until their death want to be recognised and acknowledged by their father, but it rarely happens.
- Have you had a relationship that didn't quite work out the way you expected it to?
  - Statistics show that up to 50% of marriages end in divorce.
- Do you work in an area that doesn't bring you the satisfaction you were led to believe it would?
  - Statistics suggest that most men dislike the job they are in.

**MAN'S INNER JOURNEY  
DELIVERS YOU THE TOOLS TO MORE EFFECTIVELY  
DEAL WITH LIFE, ENJOYING A NEW FOUND SENSE  
OF UNDERSTANDING, INSIGHT AND  
SELF-AWARENESS**

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**IF YOU KNOW THERE IS MORE TO YOU THAN YOU HAVE ACCESSED. IF YOU WISH TO CREATE DEEPLY SATISFYING RELATIONSHIPS. IF YOU WANT TO FIND THE ESSENCE OF WHO YOU REALLY ARE, THEN JOIN US ON A JOURNEY THAT WILL TAKE YOU ALONG THE PATH TO YOURSELF. A MAN'S INNER JOURNEY.**

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## Testimonials

'Like most men, I had a firm lid on my demons. "I was fine thanks." MIJ created a space where I felt safe admitting to myself what my real issue was. It has changed my life forever, no less. I now have a path forward.' *Phil B*

'Enlightening. It opened up the realisation that there's a lot to learn but the journey will be fruitful. Diane and Robert were excellent, honest and open and good communicators. It was great to realise that I wasn't alone and that the issues inside all men need to be worked on.' *David M*

'No expectations could match the valuable lessons learned and the gentle processes used to unravel the past. I had a major father son connection as my Dad was in the room. Robert and Diane are the most connected partners I have had the pleasure of knowing.' *John R*

'An excellent program. I gained significant benefits by opening up to communicate better. An enormous plus was recognising certain patterns of behaviour that were hindering progress in my career. The workshop gave me the tools to change'. *David V*

'It's about time there was a course like this for men. It was interesting, exciting, valuable and I believe more men should do this workshop if we are to feel fulfilled and have relationships that work.' *Wayne T*

'What I thought was my major issue was actually covering my real concerns. I learned what life is really about and I realised what my next steps are.' *James S*

'Man's Inner Journey gave me the tools to deal with fears that arose in my personal and business relationships. Dianne and Robert created an environment of trust and mutual respect allowing it to be safe for me to address any emotions, if I chose to.' *Roger H*

This weekend was the most powerful thing I have ever done for myself and I am grateful to have had the opportunity to regain my life. Thank you. *Greg N*